

Updated 12/10/22

location	ride day	date	miles	elev gain
Navy Heights - Astoria, OR	0	8/2/23 - 8/3/23	0	
Kelso, WA	1	8/4/23	52	3075
Troutdale, OR	2	8/5/23	62	3075
Hood River	3	8/6/23	53	4275
Moro (Cottonwood SP)	4	8/7/23	72	5475
Fossil	5	8/8/23	47	4350
Mitchell	6	8/9/23	43	3850
Mitchell - 1	7	8/10/23	0	0
John Day	8	8/11/23	69	3250
Unity	9	8/12/23	48	3575
Ontario	10	8/13/23	87	1575
Boise, ID	11	8/14/23	65	1900
Boise - 2	12	8/15/23	0	0
			598	34400
Mountain Home	13	8/16/23	54	2050
Fairfield	14	8/17/23	59	3375
Carey	15	8/18/23	48	775
Arco	16	8/19/23	43	1275
Rexburg	17	8/20/23	89	750
Rexburg - 3	18	8/21/23	0	0
Victor	19	8/22/23	58	1950
Moran, WY	20	8/23/23	57	3450
Dubois	21	8/24/23	56	3275
Riverton	22	8/25/23	81	1375
Relay 1 - Casper	23	8/26/23	69	1750
Relay 2 -Casper	23	8/26/23	59	850
Casper - 4	24	8/27/23	0	0
			619	18825
Douglas	25	8/28/23	55	1025
Lusk	26	8/29/23	51	1450
Crawford, NE	27	8/30/23	55	650
Chadron	28	8/31/23	27	350
Merriman	29	9/1/23	80	1525
Valentine	30	9/2/23	60	625
Valentine - 5	31	9/3/23	0	0
Bassett	32	9/4/23	64	525
O'Neill	33	9/5/23	50	25
Norfolk	34	9/6/23	75	100
Onawa, IA	35	9/7/23	71	2050
Manning	36	9/8/23	60	2550
West Des Moines	37	9/9/23	52	1725
West Des Moines - 6	38	9/10/23	0	0
Montezuma	39	9/11/23	73	2700

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